



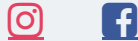
# 1 Ella Stromberg

**B/T:** R/R  
**POSITION:** 2B, 3B, CF  
**GRAD YEAR:** 2028  
**HIGH SCHOOL:** Frederick High School  
**TRAVEL TEAM:** TC Colorado 18Gold - 18U

**HEIGHT:** 5'0  
**WEIGHT:** 110  
**STATE:** Colorado  
**COUNTRY:** United States

**UNCOMMITTED**

AGL00101931



## STATS

## ADVANCED METRICS

OVERHAND THROWING VELOCITY	54	BAT SPEED	54.4	EXIT SPEED	63
HAND SPEED	15	TIME TO IMPACT	.18	GRIP STRENGTH	67.5
ALLISTER INDEX	61.5	5-10-5 SHUTTLE	3.29	10 YD DASH	1.63
20 YD DASH	2.89	40 YD DASH	5.29		

## ABOUT ELLA

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I'm grateful for my coaches and teammates for making me the player that I am today. I play bigger than I am and stay composed under pressure at the plate as a hitter, bunting specialist, and also on the bases as a valuable resource to my team. I train daily working on my skills both offensive and defensively and consider myself a student of the game. My hitting and fielding coach is former Division 1 player (Oregon) Shaye Bowden who also helps with the mental side of the game and softball IQ development. I currently play Varsity as a freshman (Starting 3B & Leadoff) at Frederick High School in Frederick, CO and 2B/3B/OF for Triple Crown 18U Gold. My goals include playing in college and majoring in Sports Management / Administration "Never Give Up"

## ACADEMIC INFO

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GPA : **3.75**

### Awards & Accomplishments

Offensive Player of the Tournament / All Tournament Team - April Reign  
3 Time Player of the Game - Frederick Varsity Softball - Freshman Year 2024  
All-Conference Honorable Mention - Freshman Year Frederick HS Softball  
Thief Award for Most Stolen Bases & Rookie of the Year - Freshman Year Frederick HS Softball  
Frederick High School: Freshman Year Starting 3B - Leadoff Statistics:  
25 GP: 97 PA, 79 AB, .380 BA (2nd), 31 R (Team Leading), 30 H (2nd)  
20 RBI, .462 OBP (2nd), 4 2B, 1 3B, 1 HR, 6 SAC, 13 BB (1st), 16 SB (Team Leading),  
6 Double Plays  
2024 On Deck Softball Colorado  
<https://ondecksoftball.net/players/view/ella-stromberg>  
National Scouting Report  
[https://evo.nsr-inc.com/prospect\\_detail?prospect\\_id=213651](https://evo.nsr-inc.com/prospect_detail?prospect_id=213651)  
2023 - Ranked 46th Nationally (Alliance Rankings), 3rd RMFL  
Virtue Warrior Award - Shrine of St. Anne  
Middle School Honor Roll - 2023/2024  
2023 Athletics Award For Outstanding Athlete - Homyak Middle School

## CONTACT INFO

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TRAVEL COACH NAME: **Randy Gale**

TRAVEL COACH PHONE AND EMAIL: **(720) 498-1391** **[tc.gale18@gmail.com](mailto:tc.gale18@gmail.com)**

HIGH SCHOOL COACH NAME: **Roger Dufour**

HIGH SCHOOL COACH PHONE AND EMAIL: **(303) 833-3533** **[dufour\\_roger@svvsd.org](mailto:dufour_roger@svvsd.org)**