



1

Ella Stromberg

B/T: R/R

POSITION: LF, 3B, 2B

GRAD YEAR: 2028

HIGH SCHOOL: Frederick High School

TRAVEL TEAM:

HEIGHT: 5'0

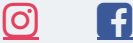
WEIGHT: 110

STATE: Colorado

COUNTRY: United States

UNCOMMITTED

AGL00101931



STATS

ADVANCED METRICS

OVERHAND THROWING VELOCITY	54	BAT SPEED	54.4	EXIT SPEED	63
HAND SPEED	15	TIME TO IMPACT	.18	GRIP STRENGTH	67.5
ALLISTER INDEX	66.5	5-10-5 SHUTTLE	3.29	10 YD DASH	1.63
20 YD DASH	2.89	40 YD DASH	5.29		

ABOUT ELLA

I'm grateful for my coaches and teammates for making me the player that I am today. I play bigger than I am and stay composed under pressure at the plate as a hitter, bunting specialist, and also on the bases as a valuable resource to my team. I train daily working on my skills both offensive and defensively and consider myself a student of the game. My hitting and fielding coach is former Division 1 player (Oregon) Shaye Bowden who also helps with the mental side of the game and softball IQ development. I currently play Varsity as a freshman (Starting 3B & Leadoff) at Frederick High School in Frederick, CO and 2B/3B/OF for Triple Crown 18U Gold. My goals include playing in college and majoring in Sports Management / Administration "Never Give Up"

ACADEMIC INFO

GPA : **3.75**

Awards & Accomplishments

2025: January Scholar Athlete of the Month - Alliance Fastpitch

All-Tournament RMFL - EL1 LL Tournament

All-Tournament RMFL - April Reign

2025 Rosetta Canyon & Colorado Jamboree Invitee - On Deck

2024:

Offensive Player of the Tournament / All Tournament Team - RMFL April Reign 2024

3 Time Player of the Game - Frederick Varsity Softball - Freshman Year 2024

All-Conference Honorable Mention - Freshman Year Frederick HS Softball

Thief Award for Most Stolen Bases & Rookie of the Year - Freshman Year Frederick HS Softball

Frederick High School: Freshman Year Starting 3B - Leadoff Statistics:

25 GP: 97 PA, 79 AB, .380 BA (2nd), 31 R (Team Leading), 30 H (2nd)

20 RBI, .462 OBP (2nd), 4 2B, 1 3B, 1 HR, 6 SAC, 13 BB (1st), 16 SB (Team Leading), 6 Double Plays

2024 On Deck Softball Colorado

<https://ondecksoftball.net/players/view/ella-stromberg>

National Scouting Report

https://evo.nsr-inc.com/prospect_detail?prospect_id=213651

Youtube Videos: <https://www.youtube.com/@EllaStromberg-2028>

2023 - Ranked 46th Nationally (Alliance Rankings), 3rd RMFL

Virtue Warrior Award - Shrine of St. Anne

Middle School Honor Roll - 2023/2024

2023 Athletics Award For Outstanding Athlete - Homyak Middle School

CONTACT INFO

ATHLETE PHONE: **0339088071**

ATHLETE EMAIL: **ellastromberg09@gmail.com**

PARENT PHONE: **(303) 408-9988**

PARENT EMAIL: **benjaminstromberg29@gmail.com**

TRAVEL COACH NAME: **Randy Gale**

TRAVEL COACH PHONE AND EMAIL: **(720) 498-1391** tc.gale18@gmail.com

HIGH SCHOOL COACH NAME: **Roger Dufour**

HIGH SCHOOL COACH PHONE AND EMAIL: **(303) 833-3533** dufour_roger@svvsvd.org