

ATHLETICS

MERCADO





7 Ireland Thomas

B/T: R/R

POSITION: RF, 3B, 2B

GRAD YEAR: 2028

HIGH SCHOOL: Gainesville High School

TRAVEL TEAM: Athletics Mercado

Elias 16U

HEIGHT: 5'6

WEIGHT: 135

STATE: Virginia

COUNTRY: United States

UNCOMMITTED

AGL00101726



STATS

Batting:

| PA | AB | R | H | 2B | 3B | HR | RBI | BB | SO | ROE | FC | HP | SAC | AVG | OBP | SLG | OPS |
|----|----|----|----|----|----|----|-----|----|----|-----|----|----|-----|-------|-------|-------|-------|
| 58 | 49 | 10 | 23 | 7 | 1 | 1 | 15 | 8 | 9 | 1 | 1 | 1 | 2 | 0.469 | 0.533 | 0.673 | 1.225 |

ADVANCED METRICS

OVERHAND THROWING VELOCITY

HAND SPEED

ALLISTER INDEX

20 YD DASH

BAT SPEED

68

TIME TO IMPACT

5-10-5 SHUTTLE

40 YD DASH

EXIT SPEED

75

GRIP STRENGTH

10 YD DASH

ATHLETESGOLIVE

ABOUT IRELAND

NCAA ID: 2402224287 A dynamic infielder from Gainesville High School, Gainesville, VA, Ireland is a cornerstone at 3B and is already a very reliable lockdown MIF at 2B. With a strong, consistent power bat, great defensive prowess, and sharp instincts on the bases, she delivers clutch hits, solid defense, and aggressive base running that energize her team. Ireland is routinely the team leader in Batting Average, Hits, RBI's, and Runs. Ireland's leadership shines both on and off the field—she takes pride in mentoring younger athletes within her organization and sets the standard for sportsmanship. Off the diamond, Ireland is passionate about giving back, volunteering with non-profits like Morgan's Message and Must Love Cats Rescue. A math whiz with a keen interest in engineering, she brings the same focus and drive to her academics as she does to her game. Big bat. Big leader. Big future. My goal is to play softball as the highest level while having fun and playing with a group of girls committed to winning and to each other. I work very hard at becoming the best person I can be. I am coachable, hard-working, trust-worthy, and have good sportsmanship. I play for my teammates! Awards / Honors: - Select 30 National Training Camp, Viera, FL 2024 & 2025. - 2025 Scenic City Fall All Star - Named to the 2023 Mid-Atlantic All-State Games. - Named to the 2022 USSSA All-American Team. Training / Lessons: • Weekly private hitting lessons with Coach Russell Hill of OTAC's Divergent Performance in Warrenton, VA. • Strength/speed/agility training classes 4-5 days per week. Prospect Camps Attended: • University of Virginia Prospect Camp (1/24, 8/24, 1/25, 7/25) • James Madison University (6/23, 9/23, 6/24, 9/24, 1/25, 6/25) • University of North Carolina Wilmington (2025) • Duke University Softball Prospect Camp (2022, 2023, 2024) • University of North Carolina Tarheels Elite Next Level (2022) High School Team: • 2025 – Started every game for Varsity as a Freshman. • Nominated for Cedar Run All-District Team at 3B. • .410 BA / .500 OBP in 65 plate appearances. • Ranked 3rd on the team in hits, runs, BB's. Ranked 1st in RBI's. • .941 Fielding Percentage. Middle School Team: • 2023 - Named Team Captain as a 7th grader. • 2023 - Lead team in offense with a .674 AVG /.790 OBP. • 2022 - Co-Champions of our Middle School League in Prince William County, VA. • 2022 - 2nd on the team in hits with a .480 AVG and .585 OBP. • 2022 - Only 6th grader to start every game of the school season.

ACADEMIC INFO

GPA : **4.5**

SAT : **0**

ACT : **0**

Awards & Accomplishments

2024 - Inducted into National Junior Honor Society

Honor Roll - 6th, 7th and 8th Grades

CONTACT INFO

ATHLETE PHONE: **7037893129**

ATHLETE EMAIL: **Irelandsoftball20208@gmail.com**

PARENT PHONE: **(610) 955-8301**

PARENT EMAIL: **thomas10102020@gmail.com**

TRAVEL COACH NAME: **Mike Elias**

TRAVEL COACH PHONE AND EMAIL: **(571) 233-5495** amelias16u@gmail.com

HIGH SCHOOL COACH NAME: **Kara Brathwaite**

HIGH SCHOOL COACH PHONE AND EMAIL: **(571) 471-9136** brathwk1@pwcs.edu